



HOT BEVERAGES

Cappuccino	R22
Cappuccino Mug	R26
Filter coffee mug	R15
Decaf coffee	R24
Decaf coffee mug	R28
Almond milk Cappuccino	R28
Americano	R18
Espresso	R 12
Double espresso	R20
Caffe Latte	R25
Hazelnut Latte	R30
Spicy Chai Latte	R30
Chocolate Decadent	R25
White hot chocolate	R25
Spicy Chai	R25
Chococino	R25
White Chocolate mocha	R25

FRUIT CRUSHES

Lemon Mint	R35
Mango	
Mixed Berry	
Passion fruit	

GOURMET MILKSHAKES

Coffee	R35
Death by chocolate	
Chocolate hazelnut	
Peanut Butter	

DECADENT SMOOTHIES

Iced cappuccino	R35
Chocolate Decadence	
Chocolate hazelnut	
Peanut Butter Bomb	

KIDDIES MILKSHAKES

Chocolate	R25
Bubblegum	
Lime	
Strawberry	
Banana	

FRUIT JUICES

R17

MEMBERS PLEASE PRESENT YOUR MEMBERSHIP CARD TO YOUR WAITER

BREAKFAST MENU

Eggs prepared either scrambled, poached or fried

BREAKFAST BOWL - Homemade Muesli, thick Greek yoghurt and fresh fruit R40

SAILING SOLO - One egg, bacon, grilled tomato & a slice of toast R38

ALL DAY ANCHOR BREAKFAST -
Two eggs, bacon, pork sausage, grilled tomato & toast R55

BREAKFAST IN PITA - Fried egg, bacon, grilled tomato & cheese R50

AVO ON TOAST - Avocado cream on toasted rye with feta, peppadews and a poached egg R45

SAVOURY MINCE ON TOAST - Savoury mince on a slice of toast topped with two poached eggs and cheese R65

GOING GREEN (Vegan) - Avocado cream or caramelised onion Hummus on toasted rye with peppadews, grilled mushrooms sautéed spinach and grilled tomato R50

BREAKFAST STACK -
Homemade bread with bacon, avocado, caramelised onion hummus topped with a poached egg R65

CHEESE OMELETTE A 3-egg omelette filled with cheddar R30

ADD TO YOUR BREAKFAST

Peri Peri Chicken Livers	R30
Savoury Mince	R30
Pork Sausage	R17
Cheese	R10
Egg	R10
Bacon (3 pieces)	R17
Extra Toast	R 8
Halloumi Fingers (4 fingers)	R20
Grilled tomato	R10
Caramelised onions	R15
Avocado cream	R10
Sweet baby marrow and onion	R25
Sautéed banana	R15
Baked Beans	R15

Breakfast served until 11am

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LUNCH MENU

A TOUCH OF GREEK 🇬🇷

Chicken Souvlaki chips Tzatziki and pita	R65
Lamb Souvlaki chips Tzatziki and pita	R90
Fried Calamari with a garlic butter sauce & chips	R85
MEZE PLATTER for 2 – <i>A delicious platter of Greek meze including, spanakopites, calamari, peri peri chicken livers, keftedes, grilled halloumi and a side Greek salad</i>	R150
Greko Pasta Salad Bowl	R65
Angel hair pasta with marinated brinjals, olives, feta, piquant peppers and fresh herbs	
Greek Salad Bowl	R55

BURGERS. PREGOS & GRILLS

Beef Burger with caramelised onions & chips	R60
Chicken Burger with caramelised onions & chips	R65
Fish Burger with tartare sauce & chips	R65
Grilled Chicken Prego roll & chips	R60
Prego roll & chips (sirloin steak)	R75
Chicken Schnitzel and chips with mushroom or cheese sauce	R65
Sirloin steak (200g) egg & chips	R90

PIMP UP YOUR BURGER

Cheese	R10
Egg	R10
Bacon (3 pieces)	R17
Halloumi Fingers (4 fingers)	R20
Mushroom / Cheese sauce	R15
Avocado cream	R15

OUR NAKED COLLECTION

Naked Burger with caramelised onions, tomato, sliced halloumi & avocado cream	
Chicken	R60
Beef	R70
Naked Fish Burger with beetroot raita and a garlic aioli	R70

PYC PIES

Our signature Beef Pie served with chips & your choice of plain gravy or curry gravy	R70
Spinach and Feta phyllo pie with chips	R55

SOMETHING FISHY

FISH AND CHIPS - Fried or Grilled hake with a lemon garlic butter sauce & chips	R75
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GREENER ON THE OTHER SIDE (VEGAN)

Thai Green Veg Curry Bowl	R65
Moroccan Vegetable Phyllo Pie	R65
Naked Mushroom burger with sautéed mushrooms, avocado, garlic cream, piquant peppers, sliced tomato and zaatar spice	R65

SALADS

Chicken, egg and bacon bowl	R70
Grilled chicken, bacon, feta, cucumber, onion and cherry tomatoes on a bed of salad greens topped with a soft poached egg	
Tuna Poke Salad bowl	R70
Tuna, red onion, brown rice, cherry tomatoes, green olives, cucumber and avocado on a bed of salad greens	

HIGH TIDE TOASTIES – WHITE, BROWN OR RYE

Toasted Cheese	R45
Toasted Cheese & Tomato	R50
Toasted Bacon & Egg	R50
Toasted Chicken Mayo	R50

TRAMEZZINI

Chicken, Bacon & Cheese (mozzarella and cheddar)	R65
Chicken Basil Pesto & Cheese	R65
Spinach & Feta with Cheese	R55
All served with chips or Salad	

SOMETHING SWEET

Cake of the day	R40
Muffin of the day	R35
Baklava and ice cream	R45

MINI SAILORS 🚤

Under 12's	
1 x Egg, Bacon and Toast	R25
Chicken strips & chips	R30
Fish fingers & chips	R30
Pork bangers & chips	R30
Beef Burger & chips	R30