

## Annexure I: In the Event of suspected or positive Covid Case

The following applies equally to Training and Events.

### Suspected Covid Case

**1. On pre-screening of persons for the following symptoms: -**

- \* Fever
- \* Cough
- \* Sore throat
- \* Shortness of breath
- \* Loss of smell or loss of taste?

Should you respond **YES** to any of the above Symptoms

- \* Stay at home or deny access and advise sailor to return home immediately
- \* Practice self-isolation for a period of 14 days
- \* Contact a medical professional to discuss your symptoms and discuss further actions that may be required
- \* Keep SA Sailing updated on your condition



[RSA Official Coronavirus Website](#)

**2. Person who begins to display symptoms of COVID-19 during training or at the venue/event**

The person shall advise the Covid officer immediately

The person suspected to have Covid or presenting with symptoms shall be moved into a pre-demarcated Safety Isolation room or area until such time as they can safely leave the premises. A 2-meter distance should be kept between a suspected Covid case and all other persons.

If required, a mask shall be provided, organise for them to contact their own health provider and arrange for them to be safely transferred to a facility advised by the health provider.

The Covid officer shall advise all participants that someone at the event/training is a suspected COVID-19 case.

Advise them to monitor themselves for symptoms for 14 days and take their temperature twice a day.

On the advice of a Medical practitioner, it may be deemed necessary to have a test done for Covid. Should this be required, the person is to advise the Club Covid Officer once the test has been completed.

The Club Covid officer is to inform SA Sailing of the suspected case that has been progressed to Covid testing and the confirmation of the test and its subsequent result.



### **3. Response to someone displaying symptoms of COVID-19 AFTER the event:**

Retain the contact tracing registers as per Annexure D of all participants for at least six months.

Within 14 days, following training, event participation or interaction between the boat crew and or shore-based personal, if any of the parties; develop symptoms of Covid-19, there is a moral duty to contact those who may have been infected.

Parties are to disclose this information to the club Covid Officer who needs to ensure that all potential contact persons are advised of a suspected case

The Club Covid Officer shall advise the suspected covid case to self-quarantine and monitor themselves for symptoms, check their temperatures a min of twice day and seek the advice of a medical practitioner and/or contact the SA Covid hotline for further advise and support and provide them with the required information on travel and or symptoms etc.

They should be advised to monitor themselves for symptoms for 14 days and take their temperature twice a day.

The Club Covid Officer shall advise SA Sailing of the identified suspected case

## **Confirmed Covid Case**

### **1. Response to persons who has tested positive for Covid prior or at the time of the event**

Shall be denied access to the club/venue for either training or to participate at an event until such time that they completed the quarantine requirements in line with DMA regulations for a period of 14 days

Persons previously testing positive will need to present a medical declaration of fitness before being allowed to return to any club/venue to train or register for an event

### **2. In the event of a person testing positive for COVID 19 while an event is in progress or while using a venue for training purposes:**

Venue is to immediately shut down for deep cleaning and sanitising

New venue to be found to stage the event, if not possible event should be postponed until the venue has completed the decontamination process in line with regulation requirements

Persons having potentially come into contact with the infected person to be notified

Persons who have potentially come into contact with the infected person shall be advised to self-isolate and seek medical advice from their health care practitioner or via the governments Covid contact options as indicated above.



Persons who have previously tested positive shall not be allowed to train or participate at events until the required quarantine period of 14 days has been completed and/or a medical declaration of fitness is presented.

### **3. Response to someone Confirmed Positive of COVID-19 AFTER the event:**

Within 14 days, following training, event participation or interaction between the boat crew and or shore-based personal, if any of the parties are confirmed as tested positive for Covid , there is a moral duty to contact those who may have been infected. Parties are to disclose this information to the club Covid Officer who needs to ensure that all potential contact persons are advised of a confirmed case.

Inform the Covid Officer or Club manager or Commodore of the venue/club so that they can follow the necessary protocols and close down the facility for deep cleaning and sanitising.

All equipment and common areas used by the participant during the event, including toilets, access gates and benches etc. would need to be sanitised before allowing access to the club/venue for training or for an event to resume again.

The Club Covid Officer is to inform all participants that someone at the event/training has been confirmed as COVID-19 positive so that they can monitor themselves for 14 days and take their temperature twice a day.

The Club Covid Officer Shall advise SA Sailing of the confirmed positive case so that assistance can be offered where necessary and seek to confirm or inform Government Public Health Authorities as is required by regulations.

If requested to do so by the health authorities, the Club Covid Officer shall work with public health authorities to supply the contact tracing registers (as per Annexure D) of all people in attendance and assist wherever possible with the contacting and tracing of these people. Contact training registers are to be retained of all participants for a period of at least six months as is required by the regulations laid out by the Department of sport.

The Club Covid Officer shall advise the confirmed positive Covid case to quarantine and work under the direction of their medical practitioner and/or the government Public Health Authorities requirements and support for positive case management. There shall be a requirement to provided information on travel and or symptoms etc.

Coaches would need to suspend all lessons and place themselves under quarantine for 14 days.

### **Returning to play after testing positive for COVID-19**

If an athlete, coach, staff or Official has been diagnosed with COVID-19 and isolated in accordance with the Department of Health Guidelines, they may only return to play if:

1. They have undergone a medical examination confirming that they have tested negative for COVID-19 after at least 14 days isolation.
2. They wear the minimum of a mask/face covering at all times for the remaining period of 21 days from the date of initial testing.
3. They must adhere to social distancing, hygiene, and cough etiquette; and compliance officers will closely monitor them for symptoms on return to work.



## **Requirement for Covid Testing**

Given the low risk of sailing in the spread of the virus and the national policy and strain on testing nationally or provincially. No mandatory testing will be required except if:

On presentation of symptoms is advised to do so by their medical Practitioner or Government health authorities

On the confirmation of contact with a Covid case at or within 14 days of an event or training where an individual is presenting symptoms or a high fever and is advised by a medical Practitioner or public Health authority to do so.

In the event of Covid testing being required, the Individual needs to self-isolate/quarantine in line with regulations while awaiting their result.

Resumption or training or confirmation of event entry will only be provided on a declaration of fitness from a medical practitioner and/or confirmation of a negative Test result